

BECOMING BELOVED COMMUNITY

Lenten All Read – 2020

Combining our commitment to the Way of Love practices and Becoming Beloved Community, all of the people, churches, and communities of our diocese are invited to read Howard Thurman's seminal work, *Jesus and the Disinherited*, or Debby Irving's *Waking Up White*, and *Finding Myself in the Story of Race*. We will provide supporting discussion guides, prayers, and videos.

Pilgrimage to Montgomery and Selma – March 18-21, 2020

The journey of becoming beloved community begins with telling the truth. During this four-day impactful journey, we will reflect on America's history of racial inequality and consider the call of our faith. We will visit significant civil rights sites, including the National Memorial for Peace and Justice, the Legacy and Justice Museum, the Freedom Riders Museum and the Rosa Parks Museum. Led by the Rev. Matt Holcombe, Rev. Joyce Cunningham, and Rev. Ginny Inman.

Race Matters: Where We Are – Diocesan Tour April 21-26

This five-day tour of our diocese will feature Debby Irving, the author of *Waking Up White* and *Finding Myself in the Story of Race*, a well-known speaker and activist who invites others to racial awakening and awareness. Each local event will offer new ways of understanding how racism operates in our biases and institutions and provide opportunities for real dialogue about how racism impacts us all.

Ongoing Offerings

Dismantling Racism:

Reclaiming our Baptismal Promises

Centered around a Baptismal Eucharist, this workshop is a day of spiritual formation that examines how our baptismal vows shape and inspire our work of racial healing. The workshop includes story sharing, reflection, prayer and worship. It was created to be taken in conjunction with Racial Equity Institute's training that offers a substantial framework for identifying systemic racism.

Becoming an Anti-Racist Church (available online)

Developed by Episcopalians United Against Racism, this ten-week "mini-course" uses Joseph Barndt's book, *Becoming an Anti-Racist Church: Journeying Toward Wholeness*, as a springboard for conversations about how one's church and community can confront the practices that sustain racism.



WAY OF LOVE

An Epiphany Retreat – January 11, 2020 (Christ Church, Charlotte, NC)

- **Lord, Make Us Instruments of Your Peace: A Half-Day Wellness Retreat**
9:00 am–12:00 pm
Come experience an inspiring introduction to a Christian approach to wellness, and leave with a personal wellness “FAITH Step” that will help you to be an instrument of God's peace. Led by the Rev. Dr. Scott Stoner, a priest, spiritual director, pastoral counselor, and founder of Living Compass.
- **Starting or Expanding Wellness Ministries in Your Congregation and Community**
1:00 pm–2:30 pm
Wellness ministries are an ideal way to reach out beyond the walls of your church and to further the conversations and connections amongst your own members. In this workshop, you will learn concrete steps for starting or expanding a wellness ministry.

Epiphany Online Retreat – Begins January 12, 2020

We are offering our first online retreat that will feature reflections on living well and loving God wholly in this new year. The retreat is open to all and participants will opt in to receive a daily devotional email. Participants will also have access to a closed Facebook group and there is an opportunity to gather weekly in small groups with a guide that is perfect for youth groups, Bible studies, or Sunday school classes.

Whole-Hearted Parenting (available in January of 2020)

How do we grow healthy, resilient children who seek and serve Christ in all persons, who love their neighbors, who strive for justice and peace and respect the dignity of others? The focus of this online video curriculum, created by Dr. Susan Campbell, is nurturing resilience and belonging in our children and youth. Both educational and experiential, the curriculum interweaves scripture, story, and the research of Dr. Brené Brown on vulnerability and authenticity.



Diocesan Acolyte Festival – October 3, 2020 (St. Paul's Winston-Salem)

This fun and formative festival for youth and leaders will include workshops, team building activities, and games led by lay leaders, clergy, and both of our Bishops. We will come together to enhance acolyte skills, provide liturgical understanding, build community, and expand fellowship across the diocese.



For more information, visit the
Diocese of North Carolina website
at www.dionc.org



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St. Stephen's Episcopal Church
www.ststephenschurch.com

The Diocese of North Carolina CHRISTIAN FORMATION OPPORTUNITIES 2020



THE WAY OF LOVE *Practices for Jesus-Centered Life*

Join us as we deepen our relationship with God and one another through opportunities that engage us in and equip us for the loving, liberating, life-giving work of Jesus.